

Surgical School Programme and Patient Pathway.

A nurse led initiative to enhance the patients surgical journey through robotic assisted laparoscopic prostatectomy.

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Why?

National Cancer Survivorship Initiative National Cancer Patient Experience 2013

- Family definitely given all information needed to help care at home
- Hospital staff gave information about impact cancer could have on work/education
- Got understandable answers to important questions all/most of the time
- Patient was able to discuss worries or fears with staff during visit
- Patient given written information about the operation
- Possible side effects explained in an understandable way
- Given clear written information about what should/should not be done post discharge.

Aims of the session

- Prepare patient for surgery
- Provide realistic overview of the hospital experience and recovery pathway
- Manage expectations
- Pre-empt and decrease the stress and anxiety of surgery
- Prepare the patient and family for post-discharge needs
- Meet key workers at UCLH
- Reduce readmission

Topics covered

- Enhanced recovery pathway
- Family involvement
- Pelvic floor exercises
- Expected length of stay
- Surgery
- Ward environment
- Introduction to different HCP roles
- Immediate recovery
- Pain
- Mobilisation
- Diet
- Discharge
- Catheter care
- Follow up appointments
- Return to normal living
- Work
- Erectile Dysfunction
- Continence

Who?

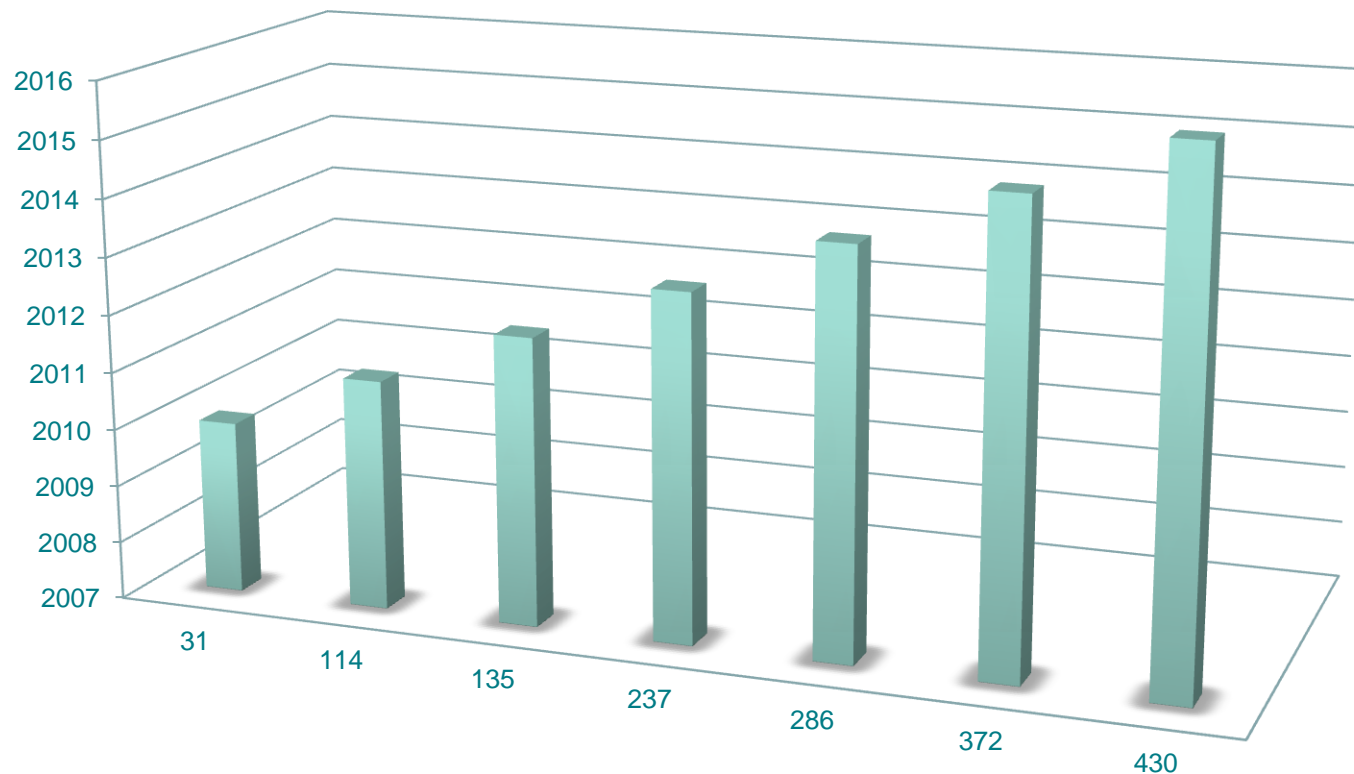
- RALP patients
- Families/ Carers
- Allied health professionals

- But NOT Doctors!

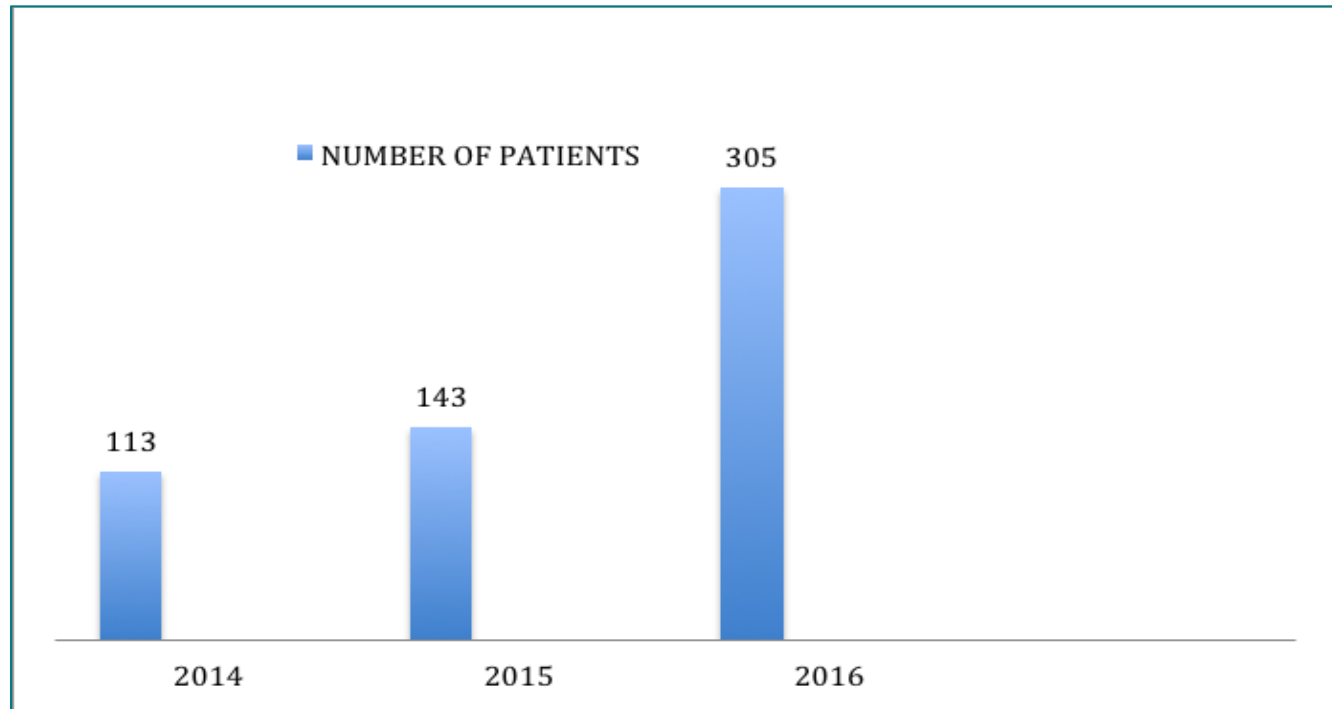
Patient information

- Robotic Assisted Laparoscopic Prostatectomy
- Your stay in hospital and discharge
- Pelvic floor exercises
- Patient diary

Retrospective audit of the number of referrals to UCLH – This was analysed to determine the volume of patients entering the referral pathway. The robotic programme began at the trust in 2010, it has shown a year on year increase in the number of patients accessing the trust and its' services.



Retrospective audit of the number of patients engaging in the education session – This was analysed to determine if there was an increase in the number of patients accessing the education session.



Patient Feedback

- Very informative
- Very comprehensive analysis and clear description of what, when, where and how
- Done with enthusiasm
- Extremely helpful and worthwhile
- The delivery was very reassuring
- Made us feel at ease and relaxed
- The worries of the surgery & treatment disappeared within minutes
- Much better than just reading the literature
- The school should be compulsory!

Thank You

